


Everton Nursery School and Family Centre Activities Time Table 2022

MONDAY

BAMBIS 10.30am -11.30am 
Breastfeeding Support Group



Early Communication 10.30am -11.30am
Support to help you understand and support your child with speech and language.

Baby Massage 1.00pm -2.00pm
5 week course promoting positive touch between you and your baby.
Starting 26th September.

 [Everton Children Centre](#)  [Everton_cc](#)

**All sessions are bookable,
please contact reception to
book your place**

Call: 0151 233 1969

TUESDAY

Cooking on a budget 9.30am-11.30am
Learn new recipes for family meal times.
Free Slow cooker on completion of course.

Swan 1.00pm-2.00pm

Last Tuesday of every month.
Join us for a supported play session for babies and children who have special needs to explore new play. Opportunities to ask questions.



Development Matters 1.00pm-2.00pm

Second Tuesday of every month.
A monthly Session for parents who have any concerns in all aspects of your child's development.

All About Baby Under 1's stay and play 1.30pm-2.30pm

Come along to our under 1's group. Fun session for parents and babies with age appropriate activities.

WEDNESDAY

Home Safety 9.30am-11.30am
4 week accredited course with access to paediatric first aid course on completion.
Starting 28th September.

Welcome to Play 9.30am-11.30am
An opportunity to develop your understanding of play and why play is important for your child. 5 week course.
Starting 2nd November

Tots In Harmony 11.00am-11.45am
For children 0-3 years old. Music making session for children and parents with musicians from the Liverpool Philharmonic.

ICT 12.30pm-2.30pm
EDT will be delivering an ICT course for all abilities
Starting 28th September.

Over 1's Stay and Play 1.00pm-2.00pm

Fun and interactive sessions for adults and children age 1-3 years old.

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THURSDAY

Nurture Programme

9.30am - 11.30am

Ten week parenting course.
Starting 29th September 2022. Creche available.

Movement and Bloom

10.00am

Exercise Class for Mums and babies at Liverpool Irish Centre
Boundary Lane L65JG

Bump birth and beyond

1.00pm-2.30pm

Support for parents to learn what to expect with your new baby.
Bi-monthly sessions
22nd / 29th September
3rd / 10th November

Pool sessions available

Wednesday 9.45-10.45am / 11.15-12.15pm / 1.15-2.15pm

Thursday 9.45-10.45am / 11.15-12.15pm

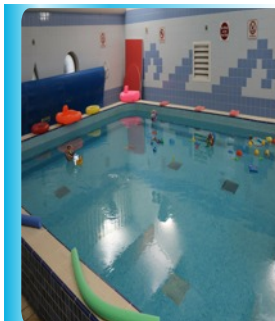
£4 per adult

Sensory room

£1 per family

Also available

Toilet training, Family support,
Support with Housing issues,
Food bank voucher referral and food parcels.



FRIDAY



ESF Ways to Work

Drop in 9.30am-10.30am

Advice and support on returning to employment.
Appointments available upon request.
Please contact Angela on 0151 233 1969.

Sleep Training

9.30am - 11.30am

5 week course for sleep routines for your children.
Starting 4th November

Lunch Club

11.30am-12.30pm

Come along for a free lunch and chat with other families

Starting 23rd September . Places need to be booked.

You and Me Mum

Coming soon

This is a programme for mothers to help you understand the effects of domestic abuse.