

Healthy Schools Statement

To be reviewed Bi-Annually.

Statement Agreed January 2019. To be reviewed January 2021.



Children at Everton Nursery School and Family Centre are aged from birth to four and half years old. The school/centre explores PSHE, Citizenship, Drugs Education, Sex and Relationship in the following ways:

PSED and Citizenship Statement

PSED and Citizenship at Everton Nursery School and Family Centre will be a beginning for the Early Years Foundation Stage and Key Stage 1 to build upon. At the school/centre, staff will promote the spiritual, moral, cultural, mental and physical development of all children and give them the best opportunity for success in all areas of learning. Through the Development Matters in the Early Years Foundation Stage (EYFS) 2012 and Early Years Outcomes (September 2013):

Making Relationships, Early Learning Goal:

“Children play co-operatively, taking turns with others. They take account of one another’s ideas about how to organise their activity. They show sensitivity to others’ needs and feelings, and form positive relationships with adults and other children.

Through PSED and citizenship children at Everton Nursery School and Family Centre will be developing their confidence, preparing to play an active role as citizens and developing a healthy, safer lifestyle”.

Drug Education Statement

At Everton Nursery School and Family Centre the theme of drug education is explored through PSED. Staff at the school/centre explore the theme of drug education through discussions with the children through the theme of ‘ourselves’ and ‘me and my family’. Children discuss with staff on how to keep their bodies healthy, taking medicine, personal safety and what to do in the school/centre if they find any needles. All staff work closely with the Headteacher/Head of Centre in the delivery of drug education to the children of the school/centre.

Sex and Relationship Statement

At Everton Nursery School and Family Centre the theme of sex and relationship is explored carefully through the themes of ‘ourselves’ and ‘me and my family’. Staff refer to feelings, growing up and family relationships through discussions with the children. Questions raised by the children through these themes are answered at the discretion of the staff. All staff are aware of the school’s/centre’s child protection policy and procedure for dealing with child sexual abuse on the LA guidelines and recommendations. All staff work closely with the Headteacher/Head of Centre in the delivery of sex and relationship to the children of the school/centre.