

Everton Nursery School and Family Centre Activities Time Table

MONDAY



Nurture programme

Coming soon

Helps parents and children to understand and manage feelings and behaviour. Improves relationships at home and school. 10 week course.



All about baby 10.00am-11.00am

Under 1's stay and play

Come along to our under 1's group. Fun session for parents and babies with age appropriate activities.



**All sessions are bookable,
please contact reception to
book your place**

**Call:
0151 233 1969**

TUESDAY

Sleep workshop 9.30-11.00am

Third Tuesday of every month.

Toilet Training 9.30-11.00am

First Tuesday of every month.

Development matters 1.00pm-2.00pm

Second Tuesday of every month.
A monthly Session for parents who have any concerns in all aspects of your child's development.

Swan 1.00pm-2.00pm

Last Tuesday of every month.
Join us for a supported play session for babies and children who have special needs to explore new play. Opportunities to ask questions.

Welcome to Play 9.30am 11.30am

An opportunity to develop your understanding of play and why play is important for your child. A 6 week course.

All about baby 1.30pm-2.30pm

Under 1's stay and play

Come along to our under 1's group. Fun session for parents and babies with age appropriate activities.

WEDNESDAY

You and Me Mum 9.30am-11.30am

Supporting families who have lived with domestic abuse
10 week course and crèche is available.

In Harmony 11.00am-11.45am

For children 0-3 years old. Music making session for children and parents with musicians from the Liverpool philharmonic.

Stay and Play 1.00pm-2.00pm

Fun and interactive sessions for adults and children age 1-3 years old.



Bump birth and beyond 1.00pm-2.30pm

Support for parents to be in learning what to expect with your new baby.

Sessions : 2nd March 9th March

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THURSDAY

Cooking on a budget

9.30am-11.30am

Plan and prepare healthy family meals.



Lighthouse

10.00am-12.00pm

To help you to understand the feelings underneath your child's behaviour so that you can decide how to respond best to what your child needs.

Induction 17th Feb

Start date 3rd March

This course runs for 20 weeks and crèche is available.



Baby Massage

1.00pm-2.00pm

A five week course of promoting positive touch between you and your baby.

FRIDAY



ESF Ways to Work

Drop in 9.30am-10.30am

Advice and support with returning to employment
Appointments available upon request.
Please contact Angela on 0151 233 1969.

Early Communication

Support to help you understand and support you child with speech and language. Please call the centre for more information. Appointments available on request

Sensory room sessions available throughout the week phone to book.

Swimming pool sessions also available throughout the week phone to book session.

 Everton Children Centre

 Everton_cc

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