EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK ONE Monday 15th April 2024 – Friday 19th April 2024 Monday 13th May 2024 – Friday 17th May 2024

| Week 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|--|---|--|--|---|
| Main Meal | Meat Balls With Pasta Tomato Sauce And Garlic Bread | Chicken Curry With Brown and White Rice | Fish Fingers With Sliced Potatoes And Peas | Mince and Onion Pie With Roast Potatoes Carrots and Swede And Gravy | Vegetable Soup With Assorted Rolls |
| Vegetarian Option | Vegetable Meat Balls | Quorn | Vegetable Fingers | Vegetable Mince | Same As Main |
| Halal Option | Vegetable Meat Balls | Halal Chicken | Same as Main | Halal Mince | Same as Main |
| Desserts | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt |

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK TWO Monday 22nd April 2024 – Friday 26th April 2024 Monday 20th May – Friday 24th May 2024

| Week 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|---|---|--|---|---|
| Main Meal | Lasagne With Green Beans And Garlic Bread | Sausage With Hash Brown And Baked Beans | Roast Chicken With Roast Potatoes Broccoli Carrots And Gravy | Beef Burger With Potato Wedges And Mixed Vegetables | Fish Cake With Steamed Potatoes And Baked Beans |
| Vegetarian Option | Vegetable Lasagne | Vegetable Sausage | Quorn Roast | Vegetable Burger | Vegetable Fingers |
| Halal Option | Halal Mince | Halal Sausage | Halal Chicken | Halal Burger | Same as Main |
| Desserts | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt |

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK THREE

Monday 29th April 2024 - Friday 3rd May 2024

| Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|--|--|--|---|--|
| Main Meal | Fish Goujon With Chipped Potatoes And Peas | Roast Chicken With Roast Potatoes Cauliflower and Broccoli And Gravy | Sweet Potato and Butternut Squash Soup With Assorted Rolls | Sausage Roll With Sliced Potatoes And Baked Beans | Meat Balls With Bolognaise Sauce And Pasta Tubes |
| Vegetarian Option | Vegetable Nuggets | Quorn Roast | Same as Main | Vegetable Sausage Roll | Vegetable Meat Balls |
| Halal Option | Same as Main | Halal Chicken | Same as Main | Vegetable Sausage Roll | Vegetable Meat Balls |
| Deserts | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt |

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK FOUR Monday 6th May 2024 - Friday 10th May 2024

| Week 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|---|---|---|---|---|
| Main Meal | Beef Burger With Sweet Potato Fries And Sweetcorn | Lasagne With Garlic Bread | Ham and Cheese Wraps With Potato Wedges | Sausage With Hash Brown And Baked Beans | Fish Fingers With Chipped Potatoes And Peas |
| Vegetarian Option | Vegetable Burger | Vegetable Lasagne | Same as Main | Quorn Sausage | Vegetable Fingers |
| Halal Option | Halal Burger | Halal Lasagne | Same as Main | Halal Sausage | Same as Main |
| Deserts | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt | Cheese and Crackers Fresh Fruit Natural Yoghurt |