

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK ONE - Monday 5th January 2026 – Friday 9th January 2026
Monday 2nd February 2026 – Friday 6th February 2026

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sweet Potato and Butternut Squash Soup With Assorted Rolls And Bread Sticks With Houmous	Pasta Bolognaise And Cucumber and Pepper Sticks With Houmous	Roast Chicken With Roast Potatoes, Carrot and Swede And Gravy And Carrot Sticks With Houmous	Fish Finger With Chipped Potatoes And Mixed Vegetables And Bread Sticks With Houmous	Sausage With Hash Brown And Spaghetti Hoops And Cucumber and Pepper Sticks With Houmous
Vegetarian Option	Same As Main	Vegetable Mince	Quorn Fillets	Vegetable Finger	Quorn Sausage
Halal Option	Same As Main	Halal Mince	Same As Main	Same as Main	Halal Chicken Sausage
Desserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad

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WEEK TWO – Monday 12th January 2026 – Friday 16th January 2026
Monday 9th February 2026 – Friday 13th February 2026

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Curry With Steamed Rice And Naan Bread And Cucumber and Pepper Sticks With Houmous	Meatballs With Pepper and Onion In Pomodoro Sauce And Pasta And Bread Sticks With Houmous	Mince and Onion With Cauliflower And Mashed Potato And Carrot Sticks With Houmous	Fish Cake With Potato Slices And Mixed Vegetables And Bread Sticks With Houmous	Chicken Pasta And Cucumber and Pepper Sticks With Houmous
Vegetarian Option	Quorn Pieces	Vegetable Meatballs	Vegetable Mince	Same as Main	Quorn Pieces
Halal Option	Same as Main	Vegetable Meatballs	Halal Mince	Same as Main	Same as Main
Desserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad

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WEEK THREE – Monday 19th January 2026 – Friday 23rd January 2026

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage With Hash Brown And Spaghetti Hoops And Cucumber and Pepper Sticks With Houmous	Fish Cake With Chipped Potatoes And Baked Beans And Bread Sticks With Houmous	Chicken Pasta In Tomato Sauce With Carrot Sticks And Houmous	Roast Chicken With Roast Potatoes, Cauliflower, Baby Carrots And Gravy And Cucumber and Pepper Sticks With Houmous	Meatballs With Pepper and Onion In Pomodoro Sauce With Pasta And Bread Sticks With Houmous
Vegetarian Option	Quorn Sausage	Same as Main	Quorn Pieces	Quorn Chicken Fillet	Vegetable Meatballs
Halal Option	Halal Chicken Sausage	Same as Main	Same as Main	Same as Main	Vegetable Meatballs
Deserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad

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WEEK FOUR – Monday 26th January 2026 – Friday 30th January 2026

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Fish Finger With Potato Wedges And Spaghetti Hoops And Carrot Sticks With Houmous	Mince Beef and Onion With Mashed Potato And Mixed Vegetables And Bread Sticks With Houmous	Sweet and Sour Chicken With Steamed Rice And Cucumber and Pepper Sticks With Houmous	Mince Bolognaise With Pasta And Bread Sticks With Houmous	Sweet Potato and Butternut Squash Soup With Assorted Rolls And Cucumber and Pepper Sticks With Houmous
Vegetarian Option	Vegetable Finger	Vegetable Mince	Quorn Chicken	Vegetable Mince	Same as Main
Halal Option	Same as Main	Halal Mince	Same as Main	Halal Mince	Same as Main
Deserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad