

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK ONE – Monday 31st August 2026 – Friday 4thth September 2026

Monday 28th September 2026 – Friday 2nd October 2026

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Balls With Peppers and Onion In Pomodora Sauce With Pasta Tubes And Garlic Bread and Bread Sticks With Houmous	Fish Cakes With Chipped Potatoes And Mixed Vegetables And Cucumber and Pepper Sticks With Houmous	Sausage With Hash Brown And Spaghetti Hoops And Carrot Sticks With Houmous	Chicken Curry With Steamed Rice And Naan Bread And Bread Sticks With Houmous	Mince Bolognaise With Pasta Tubes And Garlic Bread And Cucumber and Pepper Sticks With Houmous
Vegetarian Option	Vegetable Balls	Same as Main	Quorn Sausage	Quorn Pieces	Quorn Mince
Halal Option	Vegetable Balls	Same as Main	Halal Sausage	Same as Main	Halal Mince
Desserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK TWO – Monday 7th September 2026 – Friday 11th September 2026

Monday 5th October 2026 – Friday 9th October 2026

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage And Hash Brown With Spaghetti Hoops And Cucumber and Pepper Sticks With Houmous	Roast Chicken With Roast Potatoes, Broccoli And Gravy And Bread Sticks With Houmous	Fish Cake With Potato Cubes And Baby Carrots And Carrot Sticks With Houmous	Mince Bolognaise With Pasta Tubes And Garlic Bread And Bread Sticks With Houmous	Sweet Potato and Butternut Squash Soup With Assorted Rolls And Cucumber and Pepper Sticks With Houmous
Vegetarian Option	Quorn Sausage	Quorn Fillet	Same as Main	Quorn Mince	Same as Main
Halal Option	Halal Sausage	Same as Main	Same as Main	Halal Mince	Same as Main
Desserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK THREE – Monday 12th October 2026 – Friday 16th October 2026

Monday 2nd November 2026 – Friday 6th November 2026

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sweet and Sour Chicken With Steamed Rice And Naan Bread And Cucumber and Pepper Sticks With Houmous	Mince and Onion Pie With Roast Potatoes, Cauliflower And Gravy And Bread Sticks With Houmous	Meat Balls With Peppers and Onion In Pomodora Sauce And Carrot Sticks With Houmous	Sausage With Hash Brown And Spaghetti Hoops And Cucumber and Pepper Sticks With Houmous	Fish Fingers With Chipped Potatoes And Baked Beans And Bread Sticks With Houmous
Vegetarian Option	Quorn Sausage	Quorn Mince	Vegetable Meat Balls	Quorn Sausage	Vegetable Fingers
Halal Option	Same as Main	Halal Mince	Vegetable Meat Balls	Halal Sausage	Same as Main
Deserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK FOUR – Monday 19th October 2026 – Friday 23rd October 2026

Monday 16th November 2026 – Friday 20th November 2026

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Curry With Steamed Rice And Naan Bread And Carrot Sticks With Houmous	Sweet Potato and Butternut Squash Soup With Assorted Rolls And Bread Sticks With Houmous	Fish Cake With Potato Wedges And Peas And Cucumber and Pepper Sticks With Houmous	Meat Balls With Peppers and onion And Pasta In Tomato sauce And Bread Sticks With Houmous	Roast Chicken With Roast Potatoes, Carrot and Swede And Gravy Cucumber and Pepper Sticks With Houmous
Vegetarian Option	Quorn Pieces	Same as Main	Same as Main	Vegetable Meat Balls	Quorn Fillet
Halal Option	Same as Main	Same as Main	Same as Main	Vegetable Meat Balls	Same as Main
Deserts	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad	Cheese and Crackers Fresh Fruit Salad